

# Mental Health, Drugs and Alcohol

## Reducing the need for service through preventative and restorative approaches

Every year, one in four people will experience a mental health problem, with higher levels of mental illness experienced by those within the criminal justice system.

Nationally, the Mental Health Crisis Care Concordat - improving outcomes for people experiencing mental health crisis - is a commitment 'to work together to improve the system of care and support so people in crisis because of a mental health condition are kept safe and helped to find the support they need, whatever the circumstances in which they first need help and whichever service they turn to first.'

In Norfolk, a substantial amount of police time (estimated at 40%) is spent responding to people with mental health problems.

### Desired outcome of commissioning activity:

- Reducing demand for services
- Helping victims to recover from the harm they have experienced
- Early intervention and prevention of crime
- Preventing re-offending.

### What does the needs assessment say?

- Provide a grant in support of the Police Innovation Fund bid to provide sustained mental health professional support within the Police control room
- Explore the potential to provide grant in respect of a needs assessment and pathways trial in partnership with East of England Public Health and Office of the Police and Crime Commissioner for Cambridgeshire
- Fund a one-year coordinator post to map victim and offender needs with regards to mental health, drugs and alcohol, to conduct a gap analysis of liaison and diversion and to contribute to needs analysis and action plan for the Mental Health Crisis Care Concordat
- Contribute to funding of an offender health profile for Norfolk, working in partnership with Public Health Norfolk.

### I will measure success based on:

- Changes made as a result of the service commissioned, e.g. have calls for services reduced?

Evidence that the provider has been successful may include:

- Providing appropriate interventions to meet the needs of those seeking support
- Reducing repeat calls for services
- Providing information requested
- Providing the specific intervention requested
- Providing a reduction in the extent or severity of offending
- Progression along the 'pathways out of offending', e.g. health or drugs cessation
- Comparing circumstances at intake to the service with those at exit.



## Theme 4: Commissioning Intentions

Commissioning intent	How it will be commissioned	Amount	Additional information	Time frame
<b>4.1</b> Mental Health Coordinator to map gaps in support for victims with mental health needs and identify appropriate interventions		£47,500	One-year contract starting mid-June 2014. Full year cost £60,000. Financed from MOJ preparatory funding	Coord in post
<b>4.2</b> To provide mental health specialists within the Police control room	Grant from 1 April 2014 until 31 March 2015	£58,340	This is the PCC's 40% share of funding to support a 2014 bid to the Government's Innovation Fund	Expected to be Summer 2014
<b>4.3</b> Providing targeted support for victims and offenders with mental health and/or drug and alcohol issues		£200,000		Before 31 March 2015
<b>4.4</b> To support the needs of female offenders with identified drugs, alcohol and mental health needs within the women's Integrated Offender Management programme		£50,000	The success of the programme depends on this support	TBC
<b>4.5</b> REACH engagement project (at risk young people)	Grant	£12,080	From MOJ Competed Fund	Scheme ends March 2015 unless further funding identified
<b>4.6</b> Mental health crisis support	Grant	£50,464	From MOJ Competed Fund	Scheme ends March 2015 unless further funding identified

**Principal stakeholders:** MOJ, Norfolk Police & Crime Panel, Norfolk Rehabilitation Board, Norfolk & Suffolk NHS Foundation Trust, Norfolk Community Safety Partners, and Norfolk & Suffolk Criminal Justice Board partners

## Commissioning Intentions: References

<p><b>Theme 1: Criminal Justice Support, Witnesses and Victims</b></p> <p><b>Theme 2: Domestic Abuse and Sexual Violence</b></p>	<ul style="list-style-type: none"><li>• Ministry of Justice (MOJ), 2013, Victims' Services Commissioning Framework, Getting it right for victims and witnesses</li><li>• Victims' Code</li></ul>
<p><b>Theme 3: Rehabilitation of Offenders</b></p>	<ul style="list-style-type: none"><li>• MOJ, 2013, Transforming Rehabilitation</li><li>• Independent commission on youth crime and anti-social behaviour report, 2013, A fresh start to tackling youth crime - A briefing for Police and Crime Commissioners</li><li>• MOJ, 2014, Using Evidence to Promote Effectiveness</li></ul>
<p><b>Theme 4: Mental Health, Drugs and Alcohol</b></p>	<ul style="list-style-type: none"><li>• MOJ, 2013, Transforming Rehabilitation</li><li>• Revolving Doors Agency, 2013 Balancing Act - Addressing health inequalities among people in contact with the criminal justice system</li><li>• Department of Health, 2014, Closing the Gap: Priorities for essential change in mental health.</li><li>• Norfolk Constabulary, Suffolk Constabulary and University of East Anglia, 2012, Norfolk and Suffolk Health Needs Assessment 2012.</li><li>• MOJ, 2014, Using Evidence to Promote Effectiveness</li></ul>